



# Hoarding Intervention Training Courses

The growing problem of hoarding can be a costly and time consuming problem for your organisation.

Orbit Care & Repair, in collaboration with Coventry University and the Knowledge Transfer Partnership, has developed a first-of-its-kind **hoarding intervention Toolkit**.

Orbit offer two **Value for Money** training courses - a full day course with Toolkit and a half day awareness raising course which can be tailored to your organisation's learning needs.



## Compulsive Hoarding Frontline Worker's training – WITH Toolkit!

### Session objective and overview

The Compulsive Hoarding Frontline Worker's training is an interactive full day session designed for professionals who have a supportive working relationship with the customer. This may include:

- Support Workers
- Case Workers
- Occupational Therapists

**The training includes Orbit's Compulsive Hoarding Frontline Worker's Toolkit.**

**By the end of the training you will be able to:**

- State the four key characteristics and 'causes' of Hoarding Disorder
- Build a therapeutic relationship and use reflective thinking techniques
- Address difficult clients – i.e. those with little or no insight
- Use the Toolkit's two hoarding assessments to identify clutter-levels and the impact on the client's ability to function within their environment
- Write a person-centred intervention plan
- Measure the effectiveness of an intervention and use the measure to increase motivation and reduce the risk of relapse
- Evidence client progress and improvement
- Describe the benefits of multi-agency responses and identify one key partner that can aid case management

**Full day\***  
**£200 per delegate**  
Includes: Toolkit,  
assessment templates,  
venue and refreshments  
**(excl. VAT)**

**Delivered in-house**  
**£1,600 (excl. VAT)**  
**10 delegates**

# Hoarding Intervention

## Training Courses

### Hoarding Awareness training overview

#### Session objective and overview

The Hoarding Awareness training is an interactive **half day session** designed for professionals who work with, or may come into contact with, a resident or customer that compulsively hoards but does not hold a therapeutic relationship with the customer.

This may include (but is not limited to):

- Housing Officers
- Technical Officers
- Maintenance Inspectors

#### By the end of the course you will be able to:

- State the four key characteristics and 'causes' of Hoarding Disorder
- Outline three significant risks to those living in the property, neighbours and organisations
- Communicate effectively with clients to increase satisfactory resolutions
- Describe the benefits of multi-agency responses and identify one key partner that can aid case management

The course is also an opportunity to discuss the increasing trend of hoarding cases going through court and the Equality Act and Human Rights Act within the context of hoarding.

The course will not cover the process of conducting mental capacity assessments.



The Toolkit and training programmes were developed, in practice, by conducting literary reviews of the evidence base for intervention techniques, conducting a service evaluation of the Orbit Care and Repair service before applying the principles and approaches to the Toolkit and service. An advisory group, including professionals from external organisations, and our hoarding support group were included in the Toolkit's development throughout the project.

The Toolkit is currently being effectively used within Orbit with customers to help empower them to address their hoarding behaviours and improve their long term quality of life; whilst reducing the social, environmental and economic impact on communities and service providers.



For enquiries, contact Samantha Richardson  
on 02476 437059 or email  
samantha.richardson@orbit.org.uk

\* Venues TBC